

Strategic Plan 2025-2028

About GlobalARRK

GlobalARRK is the only charity specialising in supporting Stuck Parents, delivering innovative, best-practice approaches. We support migrant single parents, primarily mothers (99%), who cannot return to their home countries with their children following a relationship breakdown and child residence dispute. Trapped by international custody laws, these parents and their children often face isolation, poverty, mental health struggles, and domestic abuse. Without GlobalARRK, no specialist support exists for these families.

Our free services include a helpline, case work, email support, online groups, legal resources, courses like the 12-week Recovery Toolkit, befriending services, workshops, and monthly legal clinics. We advocate for system changes, raise awareness through media and public speaking, and support research. Feedback has been overwhelmingly positive, with 95% of parents recommending us to others.

Founded by Stuck Parents in 2012 and registered as a charity in 2016, GlobalARRK is user-led, with three part-time staff, 10 volunteers, and five trustees. Our mission is rooted in compassion, courage, and persistence.

Vision, Mission, and Values

Vision: A world where families in international custody crises receive the support they need.

Mission: Prevent international custody disputes and mitigate their impact on children and parents by raising awareness and connecting families to essential services.

Values: Compassion, Courage, Persistence.

Strategic Goals (2025-2028)

Our strategy, shaped by Stuck Parents, volunteers, staff, and trustees, provides clear direction for the next three years, focusing on family support, education, advocacy, and research.

1. Family Support

We aim to provide trauma-informed resources and services to 500 families annually. Key initiatives:

- Expand the staff team with two full-time Parent Support Workers to enable us to provide enhanced services, including:
 - Helpline and advocacy
 - In-house counselling/therapy
 - Legal clinics and workshops

- Recovery Toolkit and trauma recovery groups
- Peer support and befriending
- Financial crisis assistance

2. Education & Awareness

Establish GlobalARRK as the 'go to' organisation for learning about Stuck Parent issues, we will:

- Develop CPD-accredited training for professionals.
- Launch online courses for parents on key topics.
- Expand educational materials, including factsheets, guides, and training packages.
- Enhance public awareness through social media, publications, and public speaking.

3. Campaigning & Advocacy

Amplify the voices of Stuck Parents to influence policy and systems. Key activities:

- Strengthen our active Lived Experience group to inform policy.
- Collaborate with policy groups and strategic boards.
- Pursue strategic litigation where appropriate.
- Publish reports to highlight key issues.

4. Research

Conduct and support research to inform policy and practice. Focus areas:

- Mental health impacts of being a Stuck Parent.
- Outcomes for children under the Hague Convention.
- Domestic abuse and its effects on Stuck Parents.
- Relocation laws and international comparisons.

Collaboration & Partnership

Collaboration is vital to support families facing complex legal and emotional challenges. We aim to:

- Partner with legal practitioners and advocacy groups for an exchange of expertise
- Work with mental health professionals to provide emotional support.
- Collaborate with other charities for holistic services like housing and financial aid.
- Engage in advocacy campaigns to raise awareness and influence policymakers.

Organisational Development

By 2028, we aim to establish a stable and professional team with 4-5 full-time equivalent staff, including:

- CEO overseeing governance, fundraising, and strategy.
- Head of Services managing family support programs and volunteers.
- Parent Support Workers leading helpline, casework, and group programs.
- A counsellor for mental health support.
- Volunteer teams for befriending, fundraising, and moderation.

We will diversify funding through multi-year grants, legal firm donations, training income, community fundraising, and commissioning.

Annual Goals

2025:

- Expand counselling services to assess needs via trainee counsellors
- Develop CPD training on Hague/Relocation for domestic abuse organisations.
- Present relocation research at the Washington Relocation meeting.
- Share Lived Experience insights at international events.
- Apply for funding to support capacity growth.

2026:

- Get funding for in-house therapeutic support.
- Broaden training and educational offerings to a wider audience
- Introduce strategic litigation and representation on strategic boards.
- Conduct new research on Hague outcomes.

2027:

- Provide specialised in-house services for mental health and domestic abuse support.
- Expand CPD training and launch new parent educational resources.
- Develop global partnerships for advocacy and support.
- Research children's experiences of the Hague Convention.

Conclusion

GlobalARRK's Strategic Plan for 2025-2028 sets a clear path forward to address the unique challenges faced by Stuck Parents and their children. By focusing on family support, education, advocacy, and research, we aim to provide comprehensive and compassionate assistance to those in need. Through collaboration, innovation, and determination, we will continue to amplify the voices of Stuck Parents, drive meaningful systemic change, and build a sustainable future for the organisation. Together, we can create a world where no family is left without support during their most challenging times.